

# Making Beanies and Scarfs with Old T-Shirts

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These beanies and scarfs are easy and fast to make. The stretchy quality of the t-shirt cotton makes them comfy. As this fabric does not fray, there is no need to finish the seams. They are not fancy, but sturdy. They can stand many trips to the washing machine and the dryer.

## Material:

- Old t-shirts
- Sewing thread (I used polyester)
- Basic sewing kit

## Instructions:



1. Lay your t-shirt flat on a table or the floor. Move your hands on the fabric, from the centre to the sides, to remove the big creases.
2. Make a template, with paper or cardboard, following the dimensions provided at the last page. Place the template for the hat on the bottom of the t-shirt, matching the bottom of the template with the bottom of the t-shirt. You want the already sewn seam of the t-shirt to be the bottom of your hat. Pin the template on the fabric. Cut around the shape, through the two layers of fabric.
3. Cut rectangles in the remaining fabric. The width and the length of each rectangle will depend of the fabric left uncut. The bigger the t-shirt, the bigger the scarf.

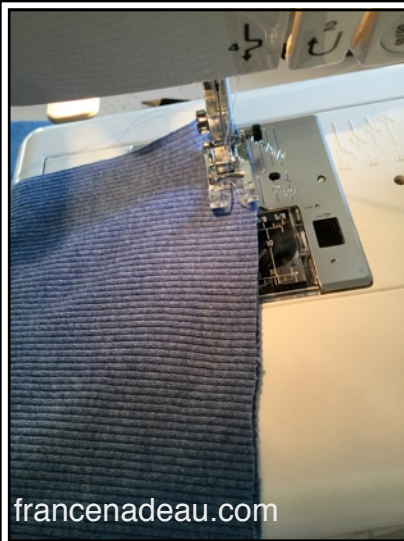


4. Pin the two layers of the hat, right sides together.
5. Sew around the hat, except the bottom. Sew at 6 mm / 1/4" from the edge with a straight stitch.
6. Turn inside out. The hat is done.

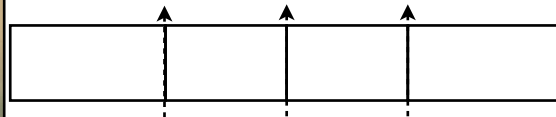


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7. To make the scarf, take the two smaller rectangles and pin them, right sides together. (See schema below.)
8. Sew at 6 mm / 1/4" from the edge with a straight stitch.
9. Sew the bigger rectangles in the same manner, one at each end.



10. T-shirt cotton being quite stretchy, the fabric will stretch slightly when you sew it. Fold the scarf, right sides together and cut any excess.
11. Secure the thread at both ends by stitching back and forth (a few times).

I repeat, these beanies and scarfs are not fancy. This is rough work. But they are comfy, warm and useful.





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